

NWGBL GAME RULES:

1. UNLESS OTHERWISE NOTED BELOW, STANDARD WIAA RULES APPLY.
2. Games will consist of two 20-minute halves with a continuous clock except for time outs and the last one (1) minute of each half. In the event a timeout is called when shooting free throws, the clock is stopped until ball is live.
3. Overtime will consist of a 2-minute session with the clock stopping for time outs and the last one (1) minute. If the game is still tied after the overtime session, each team will choose 3 players that are currently in the game to shoot one-and-one free throws (making the first earns a second attempt...miss the first and there is no second attempt for that player) . The one-and-one free throws continue until one team makes more free throws during a 3-player series.
4. Two time-outs per half and one time-out per overtime session will be permitted. There are no carry-overs. Each time out to last no longer than one minute.
5. There will be a 5-minute half time for each game and 1 minute between overtime sessions.
6. Defenses:
 - 3rd/4th Grade – no pressing – girl-to-girl only
 - 5th /6th Grade –girl-to-girl only- pressing last 2 minutes of each half (man to man press only)
 - 7th/8th Grade – any half-court defense – girl to girl pressing all game – Zone presses are allowed after January 1st.
 - No pressing for any grade if a team leads by 15 points or more.
7. Free Throws – 3rd and 4th grade will have shorter free throw lines and their momentum can carry them over the line - 3rd grade is 10 feet and 4th grade is 12 feet
8. For 3rd Grade games only...a 27.5"(14-16oz.) basketball will be used. This is also known as a "Junior International Size 5". All participating 3rd Grade teams must be a game ball.
9. Per WIAA Rules, if a player gets 5 fouls, they are out of the game.
10. Technical Foul results in automatic two points and the ball for the opposing team.